

Splashland LLC – Swim Lesson(s) Registration Form – Summer 2020

Name of Participant(s) _____ age _____ age _____
_____ age _____ age _____ age _____

Parent/Guardian _____

Address: _____ City _____ Zip _____

Best Phone # to be reached (circle): Cell _____ Home _____

Work _____ Email _____

5 Students per class appx. Classes will be ½ hr. lesson ~ Monday – Thursday ~ for 2 weeks

☺☺☺ **(Circle date):** Session: I. June 15-25 II. July 6 – 16 III. July 20- 30

(Circle time) : Time. 9am 10am **3 yrs & under {Parent-Tot} 9 am only session**

What water skills does your child possess? **Circle Level (If more than one child, note child’s name next to skill level).** If they possess all skills for that level they should be on next level. If they are still working to master those skills put them on that level. We can adjust as needed first day of classes.

Parent-Tot: 9 months to 3 yrs. with parent, Introduction to water skills/ water games, swim diaper required.

~~~~ 4 Years and Over ~ without parent in group setting~~~~ See below levels

**Level 1:** Fully submerge face 3 sec., bob 10 times with support, front & back float w/ support, blow bubbles, enter and exit pool independently, walk 5 yds in chest deep water, supported kick - front & back.

**Level 2:** Hold breath 3 sec., retrieve objects, explore deep water, front & back float unassisted 5 sec, level off from vertical position, 10 bobs, jump into chest deep water, flutter kicks front & back, back crawl arm action, front and back crawl 5 yds, turn front to back and back to front.

**Level 3:** Retrieve objects, chest deep bobs, traveling bobs, jump into deep water, kneeling dive, compact dive, front & back float 2 body lengths, front & back crawl 10 yds, elementary backstroke 10 yds, reverse directions on front and back, tread water 1 minute.

**Level 4:** Deep water bobs, rotary breathing, standing dive, elementary backstroke 10 yds, swim underwater 2 body lengths, bob chest deep 25 yds, front & back crawl 25 yds, breast stroke 10 yds, sidestroke 10 yds, flip turn at wall, tread water 2 minutes.

**Level 5:** Alternate breathing, stride jump, long shallow dive, diving from board, breast stroke 10 yds, sidestroke 10 yds, swim underwater 3 body lengths, elementary backstroke 25 yds, front and back crawl 50 yds, open turn front & back, tread water 2 minutes, feet first surface dive.

**Level 6/7:** Jump tuck from board, front & back crawl 100 yds, breast stroke 25 yds, sidestroke 25 yds, butterfly 10 yds, side stroke turn, breast stroke turn, speed turn, flip turn pike surface dive, tuck surface dive, throwing rescue, swim under water 15 yds, retrieve diving brick.

Does your child have any of the following: Check if yes: Tubes in ears\_\_ Epilepsy\_\_ Asthma\_\_ Allergies\_\_(specify): \_\_\_\_\_ Diabetes\_\_ Other \_\_\_\_\_

Parent/Guardian signature \_\_\_\_\_

**Checks payable to:** Splashland LLC. **Mail to:** c/o Splashland, 5975 Griego Rd, Alamosa, CO 81101

☺☺☺ **NEW Rates:** Individual Rate >> \$75. ~ Family Rate (2 or more) >> \$70 each ☺☺☺

**SplashlandLLC**  
**Hot Springs Swimming Pool**  
**Assumption of the Risk and Waiver of Liability Relating to**  
**Coronavirus/COVID-19**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. **COVID-19 is extremely contagious** and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

**Splashland** has put in place preventative measures to reduce the spread of COVID-19; however, Splashland **cannot guarantee** that you will not become infected with COVID-19. Further, **attending Splashland could increase** your risk of contracting COVID-19.

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By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending Splashland and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at Splashland may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Splashland employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with my attendance/presence at Splashland. On my behalf, I hereby release, covenant not to sue, discharge, and hold harmless Splashland, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of Splashland, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Splashland function.

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Signature

Date